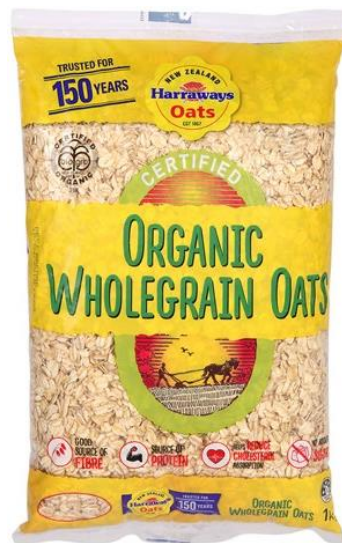




Harroways

Fibre is an important component for a healthy balanced diet. Harroways source oats from Otago and Southland where climatic conditions are excellent for growing quality oats.



NEW ZEALAND'S MARKET LEADING OAT BRAND

Harroways is New Zealand's only oat mill, established in 1867, locally owned and operated, and located on its original site.

- New Zealand grown
- Good source of fibre
- Source of protein
- Helps reduce cholesterol absorption